

Mont Rochelle Timing Splits

ROUTE POSITION	DISTANCE	D+ metres	RACE TIME	LEADERS	RACE TIME	MIDDLE	RACE TIME	BACK
Start	0	0	0	8:00 AM	0	8:00 AM	0	8:00 AM
Kat se Pad Top	4,5km	450m	00:20min	8:20 AM	00:50 min	8:50 AM	01:15min	9:15 AM
Du Toits Peak	9km	1150m	01:00 min	9:00 AM	01:45 min	9:45 AM	02:35 min	10:35 AM
Uitkyk Aid Station	10km	1200m	01:15 min	9:15 AM	02:35 min	10:35 AM	03:15 min	11:15 AM
Perdekop	15km	1600m	01:50 min	9:50 AM	03:35 min	11:35 AM	04:50 min	12:50 PM
Kat se Pad Top	21.5km	1830m	02:15 min	10:15 AM	04:35 min	12:35 PM	06:10 min	14:10:00 PM
Finish	26km	1850m	02:30 min	10:30 AM	5:15 min	13:15:00 PM	07:00 min	15:00:00 PM