

MONT ROCHELLE SKYRACE® 25km

	TECHNICAL DATA				LEAD RUNNERS			BACK RUNNERS			
DETAILS	Stage KM	Total KM	Stage D+	Total D+	Stage Time	Race Time	Day Time	Stage Time	Race Time	Day Time	Time Barriers
START	0	0.0	0	0	-	-	09H00	-	-	09H00	Start
KAT SE PAD TOP	4.5	4.5	450	450	0:20	0:20	09H20	01:15	1:15	10H15	-
DU TOITS PEAK	4.5	9.0	700	1150	0:40	1:00	10H00	01:20	2:35	11H35	-
UITKYK	1.0	10.0	50	1200	0:15	1:15	10H15	00:40	3:15	12H15	-
PERDEKOP	5.0	15.0	400	1600	0:35	1:50	10H50	01:35	4:50	13H50	-
KAT SE PAD TOP	6.5	21.5	230	1830	0:25	2:15	11H15	01:20	6:10	15H10	-
FINISH	4.5	26.0	20	1850	0:15	2:30	11H30	00:50	7:00	16H00	16H00 CUT OFF